

# OEM ESSENTIALS

## CURRICULUM



To assist practicing physicians to keep current and to serve as knowledgeable representatives of the specialty, ACOEM has identified these 10 core competencies for occupational and environmental medicine (OEM). You may go to [www.acoem.org/OEMCompetencies.aspx](http://www.acoem.org/OEMCompetencies.aspx) to view the full OEM Competencies Statement.

1. Clinical Occupational and Environmental Medicine
2. OEM Related Law and Regulations
3. Environmental Health
4. Work Fitness and Disability Management
5. Toxicology
6. Hazard Recognition, Evaluation, and Control
7. Disaster Preparedness and Emergency Management
8. Health and Productivity
9. Public Health, Surveillance, and Disease Prevention
10. OEM Related Management and Administration

### **OEM Essentials Curriculum Requirements**

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Only MD's, DO's and international equivalents are eligible to earn the certificate. Others may take the curriculum but no certificate will be generated. **To earn a certificate of completion, OEM Essentials participants must meet the following criteria within four (4) years and apply for the certificate no more than two (2) years after completion of their final activity:**

1. Completion of all required ACOEM OEM Essentials courses:
  - Foundations of Occupational Medicine (*Required: live and online content must both be completed*)
    - Live Course, offered in conjunction with the American Occupational Health Conference
    - Online Content
  - Getting Your Patients Back to Work: Work Disability Prevention for Clinicians
  - Musculoskeletal Exam and Treatment Techniques (*Required*)
2. Completion of at least one elective ACOEM course.
  - MRO Fast Track or Comprehensive
  - Commercial Driver Medical Examiner
  - Other ACOEM courses
3. Participation in an American Occupational Health Conference or ACOEM Component program.

NOTE: Items two and three must accumulate at least 20 hours of *AMA PRA Category 1 credit™*.

## **Completion of Curriculum and Fees**

Upon completion of the stated criteria, OEM Essentials participants will be charged a one-time completion and processing fee of \$75. Participants will receive a certificate for display to recognize and commend their accomplishment upon completion of the OEM Essentials Curriculum.

## **Criteria 1: ACOEM Required Courses**

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### **Foundations in Occupational Medicine**

ACOEM's Foundations of Occupational Medicine courses provide an excellent and comprehensive introduction to occupational medicine. You will obtain practical information that will be useful in managing the clinical, regulatory, and administrative functions of an OM practice – at a primary care level. Topics include: latest updates from NIOSH, Medical Emergency Response Planning, the latest on Zika for business travelers and much more!

### **Getting Your Patients Back to Work: Work Disability Prevention for Clinicians**

Getting Your Patients Back to Work: Work Disability Prevention for Clinicians is an eight-hour continuing medical education course for physicians and other clinical providers who take care of adult patients in any capacity.

### **Musculoskeletal Exam and Treatment Techniques**

This course features both lectures and interaction with a diverse faculty who will deliver a significant “hands-on” workshop component. The didactic portion includes lectures on general management of work injuries, causality analysis, orthopedic urgencies and emergencies, and the timing and choice of x-rays in addition to discussing examination and treatment techniques for individual body parts. The workshops review selected aspects of the physical examination and give an overview of injection techniques.

Overall, emphasis will be placed upon those topics of most relevance to everyday practice. In addition to focusing upon the “usual” diagnosis and treatment issues, the faculty has drawn upon their own considerable experience in reviewing the work of other physicians who manage compensable injuries to get a sense of which aspects of patient care are most often deficient. As a result, this course will not only provide general information regarding the diagnosis and treatment of musculoskeletal injuries, but also will convey how management of patients who have been injured at work differs from management of patients with non-work-related musculoskeletal complaints.

*Course schedule available at [www.acoem.org/courses.aspx](http://www.acoem.org/courses.aspx).*

## **Criteria 2: ACOEM Elective Courses**

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**Effective Communication Techniques for the OEM Practitioner**

**AMA Guides to the Evaluation of Permanent Impairment – A Case Based Approach to Understanding and Implementing the Guides**

**Business Leadership for Physicians: Skills to Become a Better Leader. Build Strong Teams and Manage People in a Complex Environment**

**CAOHC Professional Supervisor of the Audiometric Monitoring Program Workshop**

**Commercial Driver Medical Examiner Online Course**

**MRO Fast Track and Comprehensive Courses**

**Occupational Medicine Board Review**

**Musculoskeletal Ultrasound Workshop for the Occupational Medicine Provider**

**Spirometry Testing in Occupational Health**

*Course schedule and descriptions available at [www.acoem.org/courses.aspx](http://www.acoem.org/courses.aspx).*

## **Criteria 3: American Occupational Health Conference (AOHC) & ACOEM Component Programs**

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### **American Occupational Health Conference**

The American Occupational Health Conference is the premier professional meeting for the fields of occupational and environmental medicine. AOHC is designed for physicians who specialize in or have an interest in OEM as well as for non-physicians, such as industrial hygienists, nurses, safety professionals, and environmental health specialists who are involved in the field.

AOHC offers a wide variety of educational activities for participants new to OEM, as well as for the experienced professional.

*Details may be found at [www.acoem.org/aohc.aspx](http://www.acoem.org/aohc.aspx).*

### **ACOEM Component Programs**

ACOEM's affiliated regional component societies provide members with numerous opportunities for leadership, education, discussion of local issues, professional development and referrals. Programs and educational events are planned independently by each component. Additional information is available at

<http://www.acoem.org/About/ComponentsSections/ComponentList.aspx>.

## Save Money – Become an ACOEM Member!

### ACOEM Members Receive a Discount on Course and AOHC Registrations

Founded in 1916, the American College of Occupational and Environmental Medicine is a medical organization of health professionals who promote the health and safety of workers, workplaces, and environments.

- Stay up to date on important information in occupational and environmental medicine (OEM).
- Network with colleagues practicing across a variety of OEM-fields!
- Attend educational and business meetings of your local ACOEM Component Society.
- Participate in any of the 17 Special Interest Sections in areas such as Corporate Medicine, Environmental Health, Medical Center Occupational Health, Work Fitness and Disability and more!
- Read the leading scientific, peer-reviewed monthly publication in the field, the Journal of Occupational and Environmental Medicine (JOEM).
- Participate in industry-relevant web and teleconferences on topics such as Federal Workers' compensation regulations, career paths in OEM, public policy and advocacy updates, cardiovascular health, and more.
- Improve your knowledge of prevention techniques with the Health and Productivity Management Toolkit.
- Earn Fellowship status, the highest classification of membership in ACOEM. Holding the "FACOEM" title distinguishes and recognizes members for their training and experience in the field as well as for their academic and scientific accomplishments.

Help to advance the field and broaden your expertise – become a member of ACOEM!

*Visit [www.acoem.org](http://www.acoem.org) to learn about membership categories and apply.*



AMERICAN COLLEGE OF  
OCCUPATIONAL AND  
ENVIRONMENTAL MEDICINE